

WEBINAR



# Young carers of parents with mental illness

25.10.21

Monday at 10:00 - 11:00

Link to participate: <https://us02web.zoom.us/j/87118672579>



INNOVATHENS / Technopolis City of Athens



EPIONI  
GREEK CARERS NETWORK

On 25 October 2021 at 10:00, Epioni is organising a hybrid event at Innovathens / Technopolis city of Athens, aimed at young carers who have parents with mental health problems.

The event will host notable speakers such as psychiatrists Dr Orestis Giotakos who will discuss the "care for my brain" perspective and Dr Georgia Balta who will present the topic "Parents with mental illness: the place of the child"

The Director of the European Federation of Associations of Families of People with Mental Illness EUFAMI, Mr John Saunders, will speak about depression experienced by families.

Mrs Stefania Buoni, President of the Italian organisation COMIP, will talk about the children of parents with mental health problems and will give suggestions and good practices to support them.

The webinar is supported by the Society of Social Psychiatry P. Sakellaropoulos, Obrela, Edra, and the European Network of Active Living for Mental Health (ENALMH).

Sponsors: Lundbeck, Interamerican and the Saronic Nephrological Center.

Communication sponsors: [www.psychologynow.gr](http://www.psychologynow.gr) , [www.iatronet.gr](http://www.iatronet.gr) και [www.healthdaily.gr](http://www.healthdaily.gr)

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**The meeting is part of the Share4Carers project with the following partners: Dynami Zois, EPIONI, Gaziantep University, COMIP, Centre Neuro Psychiatrique Saint-Martin, EUFAMI and Fondazione Internazionale Don Luigi Di Liegro**



# PROGRAMME WEBINAR

MONDAY 25 OCTOBER 2021

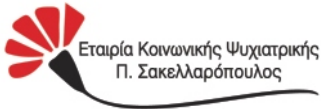
- 10:00 - 10:20      Welcome speech by the organizers
- 10:20 - 10:30      **I care for my brain**  
Orestis Giotakos, Psychiatrist
- 10:30 - 10:40      **Parents with mental illness: the place of the child**  
Georgia Balta, Psychiatrist
- 10:40 - 10:50      **What do we mean when we talk about depression in Families?**  
John Saunders, Executive Director EUFAMI
- 10:50 - 11:00      **Children of parents with mental health problems: Recommendations and good practices for their support**  
Stefania Buoni, President of the NGO "COMIP - Children of Mentally Ill parents"





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The meeting is part of the Erasmus+ Share4Carers project



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