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Caring for Carers




Who is a Carer

People who provide unpaid care to someone with a chronic illness, disability or other long-lasting health or care need, outside of a professional or formal framework.

 www.facebook.com/epioni

 https://twitter.com/epioni_ngo

 https://www.instagram.com/greek_carers_network/

 <https://www.linkedin.com/company/epioni>



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OUR WORK IS TO :

- provide continuous and quality support services for informal, unpaid carers
- facilitate the development of problem-solving skills
- provide carers with practical advice and emotional support
- help service users identify and utilize available resources from their local communities
- promote key policy changes through government legislation

WE ASK FOR :

- flexible working hours
- paid and/or unpaid leave
- pension credits for care time
- training
- regular breaks from caring
- financial support: income based on a minimum wage

OUR MAIN GOALS ARE :

- to support informal carers in Greece
- to document and raise awareness about the significant contribution made by carers to the Greek health and social care system and the economy
- to advocate for national policies that take account of carers

