

Event

Active and Healthy Aging

for Persons with Mental Health and Neurodevelopmental Challenges

Tuesday

12.12.23

16:30 - 19:00

Metropolitan College

Akadimias 42, 106-72,
Athens, Greece



Wednesday

13.12.23

13:30 - 16:00

Somatio Ermis

Dragatsaniou 1 & Vosporou
Hellinikon - Argyroupoli, Greece

Zoom Live Streaming: <https://us02web.zoom.us/j/88966185159>

Under the Auspices:

Ερμής

ENALMH
EUROPEAN NETWORK OF
ACTIVE LIVING FOR MENTAL HEALTH



Section of Mental Health,
European Association
of Professors Emeriti



Society of Preventive
Psychiatry



EPIONI
GREEK CARERS NETWORK

AGENDA

Tuesday 12.12.2023, 16:30 - 19:00

Metropolitan College

Akadimias 41, Athens

- 16:30 - 17:00 **Registration - Welcome Coffee**
- 17:00 - 17:10 **Greetings**
Fokion Dimitriadis, *Greek Carers Network EPIONI*
Dimitra Stephanopoulos, *European Federation of Associations of Families of People with Mental Illness (EUFAMI)*
Prof George Christodoulou, *President, Society of Preventive Psychiatry*
President-Elect, European Association of Professors Emeriti
Prof Sir Leslie Ebdon, *President, European Association of Professors Emeriti (EAPE).*
Stavros Stathopoulos, *Vice President European Network of Active Living for Mental Health (ENALMH)*
- 17:10 - 17:20 **Fundación Miradas and the project AHA4Autism**
Marta Arroyo Balbás, *Fundación Miradas*
- 17:20 - 17:30 **Aging and mental health - challenges and responses**
Prof. Dusica Lecic-Tosevski, MD, PhD, Full Member, Serbian Academy of Sciences and Arts, Board member, European Association of Professors Emeriti, Serbian Academy of Sciences and Arts, Belgrade, Serbia
- 17:30 - 17:40 **Autism in adulthood**
Professor Antonella Valenti, *University of Calabria*
- 17:40 - 18:00 **Assessment of Legal Capacity in clinical practice** (Speech in Greek)
George Tzeferakos, *Doctor of Psychiatry, Chairman of the Dual Diagnosis Branch of the Psychiatry Department of the University of Athens, Greece*
- 18:00 - 18:20 **Healthy Aging for people living with mental health problems and Autism** (Speech in Greek)
Dimitrios Kontis, *Psychiatrist, Coordinating Director of the 4th Psychiatric Department of the National Academy of Sciences, President of the Board of Directors. E.KE.P.Y.E.*
- 18:20 - 18:30 **Presentation of the www.careplatform.gr**
Dr. Elizabeth Mestheneos, *50plus Hellas*
- 18:30 - 18:40 **"Reminiscence therapy" in elderly people and people with dementia - Presentation of Erasmus project "Forget me not 2.0"**
Dimitrios Theodoropoulos, *Social Worker MSc-General Director, NGO Frodizo*
- 18:40 - 19:00 **Discussion with the audience**

Wednesday 13.12.2023, 13:30 - 16:00

Pan-Hellenic Organization of Parents, Guardians & Friends of Disabled Persons "HERMES"

Dragatsaniou 1 &, Vosporou, Elliniko 167 77, Greece
(Close to metro Argiroupoli - red line - exit to Glyfada)

- 13:30 - 14:00 **Registration - Welcome Coffee**
- 14:00 - 14:10 Greetings from the Association Ermis, EPIONI
- 14:10 - 14:20 **New Technologies in Mental Health**
Nikos Gouvas, *Psychiatrist, Scientific Director of the Association for the Disabled "ERMIS", Member of the Board of Directors of the Hellenic Psychiatric Association & President of the Information Technology & Innovative Technologies Branch*
- 14:20 - 14:30 **The EU Care Strategy** (Speech in English)
Stecy Yghemonos, Director, Eurocarers
- 14:30 - 14:50 **Empowering Carers - Nurturing Mental Wellness together** (Speech in English)
Dr. Stella Stathouloupoulou, *Specialist Neurodevelopmental Adult & Adolescent Psychiatrist*
- 14:50 - 15:00 **Well-being and Quality of Life for Persons with Mental Health and Neurodevelopmental challenges and their Carers by promoting Resilience, supporting Recovery and Lifestyle changes.** (Speech in Greek)
Evangelos Pappas, *Psychiatrist, Scientific Director in Society for Psychosocial Research and Intervention*
- 15:00 - 15:10 **Psychological Management of Pain for Adults with Autism**
Elif Caliskan, *MSc Clinical Psychology, Izmir Tinaztepe University, Full Scholarship Recipient*
- 15:10 - 15:30 **Assistive Technology for Adults on the Autism Spectrum Condition (ASC)**
(Speech in English)
Nefi Charalambous Darden, *APIS Cyprus*
- 15:30 - 16:00 **Discussion with the audience**



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eHealth4Autism



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